



# Health Psychology

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*The Bachelor of Science in Health Psychology provides the academic background for examining how psychological, behavioral, cultural and social factors influence health and wellness. Attention is given to the role of stress and lifestyle choices and how they impact our well-being. Interventions for stress and pain used in the helping professions, hospitals, and community education programs are addresses. The final capstone course allows students to integrate prior coursework and further their research in a specific area of interest.*

## Highlights

- Learn from faculty who are both educators and practitioners in the field of health psychology.
- Take courses completely online and fit your education into your life with maximum flexibility.
- Be part of a fast-growing field.
- Complete a capstone project to prepare for various career options or graduate study.
- Identify behaviors that contribute to stress and pain management and wellness.

## Career opportunities

A Health Psychology degree will prepare you for roles in a variety of settings, such as:

- Individual and family services
- School psychology
- Psychiatric and substance abuse centers
- Healthcare
- Rehabilitation centers
- Autism support and services

Note: Roles in some settings may require additional education.



## Adult Undergraduate

### Contact us

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[auadmissions@unwsp.edu](mailto:auadmissions@unwsp.edu)

# Bachelor of Science in Health Psychology

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## Health Psychology coursework – 36 credits

Principles of Counseling.....	3
Stress Management Studies.....	3
Foundations for Ethics .....	2
Health Promotion Through the Lifespan .....	3
Abnormal Psychology .....	3
Foundations of Health Psychology.....	3
Worldview and Ethics.....	2
Pain Management Strategies .....	3
Social Statistics I.....	3
Social Statistics II.....	3
Social Science for Research Methods.....	2
Professional Ethics .....	2
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Health Psychology Capstone .....	4

See the College of Graduate, Online & Adult Learning Catalog at [unwsp.edu/catalog](http://unwsp.edu/catalog) for detailed course descriptions. Courses and curriculum are subject to change.

**Course delivery:** Online

**Time frame:** 18–22 months

**Credits required for major:** 36

**Credits required for graduation:** 125

**Costs:** Visit [unwsp.edu/aucosts](http://unwsp.edu/aucosts) for current tuition.

**Minors:** Accounting, Business Management, Communication Studies, Ministries, Psychology



COLLEGE OF  
**GRADUATE, ONLINE  
& ADULT LEARNING**

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